

Physical Education - Non-Teaching, B.S.

College of Professional Programs

General Education Curriculum (GEC) Requirements "At - a - Glance"

(Full GEC requirements can be found on pages 53-54)

The GEC contains 22 Learning Objectives organized under five General Education Learning Outcomes (GLOs). To complete the GEC, select at least one course for each objective. Many courses will meet more than one objective, but a minimum of 40 distinct hours in the GEC is required.

1. Effective Written & Oral Communication

- a. Eng 100, 101
- b. Eng 121
- c. Bus/Com 210, Pos 101, Pcj 215.....
- d. Eng 100, 101

2. Critical & Creative Thinking

- a. Eco 100, Phi 151, 152, Psy 100
- b. Eco 100, Phi 151, 152, Psy 100, Soc 100
- c. Eng 121
- d. Art 103, 108, 120, 121, Eng 211.....
- e. Art 107, Art/Eng 116, Eng 151.....

3. Quantitative & Scientific Reasoning

- a. Mat 101, 117, 121, 131, 140, 166, 201 or higher,
Phy 153, 154
- b. Mat 101, 117, 121, 131, 140, 201 or higher, Phy 153, 154 ..
- c. Bio 103, 104, 105, 112, 262, 300, Hpr 101.....
- d. Chy 111, 112, 122, 221, 222, Env 110, 120, 125, 130, 201,
301, 302, 308, Gey 112, 114, Phy 153, 154
- e. Bio 105, 112, 113, 261, Chy 111, 112, 122,
221, 222, Env 308, Gey 112, 114, Phy 153, 154

4. Information Literacy

- a. Fys 100
- b. Eng 121
- c. Phi 151, 152, Swk 202

5. Global Consciousness & Intercultural Awareness

- a. Ant 100, 110, Geo 100, 101, Soc 100, Swk 305, Wab 110,
Wst 101
- b. Hty 115, 116, 161, 162, 184
- c. Asl 101, Chi 101, 102, Fre 101, 102, 201, 202, Rus 101, 102
Spa 101, 102, Wab 100, 105
- d. Phi 151, 152, Pos 211, Swk 202
- e. Pos 101, 211, 332

SCIENCE REQUIREMENTS FOR GENERAL EDUCATION – 8 CREDIT HOURS

| | |
|--|---|
| Bio 112 General Biology I | 4 |
| Bio 261 Human Anatomy and Physiology I | 4 |

Program requirement:

| | |
|---|---|
| Bio 262 Human Anatomy and Physiology II | 4 |
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PHYSICAL EDUCATION REQUIREMENTS – 15 CREDIT HOURS

| | |
|--|---|
| Ath/Phe 101 Introduction to Athletic Training and Fitness Professional | 3 |
| Phe 265 Motor Learning | 3 |
| Phe 274 Structural Kinesiology | 3 |
| Phe 381 Biomechanics | 3 |
| Phe 382 Physiology of Exercise | 3 |

PHYSICAL EDUCATION ACTIVITY COURSES – 4 CREDIT HOURS

| | |
|---|---|
| Phe 102 Developmental and Gymnastics Activities | 2 |
| Phe 166 Aquatic Activities OR | |
| Phe 174 Water Safety Instructor | 2 |

Select an emphasis area:

FITNESS AND WELLNESS – 41 CREDIT HOURS

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|---|---|
| Ath 225 Strength Training Techniques and Conditioning | 3 |
| Ath 244 Techniques of Athletic Training | 2 |
| Ath/Phe 246 Assessment of Lower Extremities | 4 |
| Ath/Phe 340 Acute Care of Athletic Injuries | 3 |
| Ath/Phe 342 Assessment of Upper Extremities/Lab | 4 |
| Ath/Phe 343 Interventions II | 4 |
| Bio 300 Human Nutrition | 3 |
| Phe 375 Physiological Assessment | 3 |
| Phe 388 Practicum in Physical Education | 3 |
| Phe 487 Organization & Admin. of Athletic Training | 3 |
| Phe 496 Field Work Experience | 9 |

SELF-DESIGNED (SEE YOUR ADVISOR)

SELECT GENERAL ELECTIVES TO BRING TOTAL EARNED HOURS TO 120:

Total credits required for degree: 120

Minimum cumulative GPA for graduation: 2.50

Cumulative GPA for major requirements: 2.50