

Physical Education - Non-Teaching, B.S.

College of Professional Programs

General Education Curriculum (GEC) Requirements "At - a - Glance"

(Full GEC requirements can be found on pages 48-49)

The GEC contains 24 Learning Objectives organized under five General Education Learning Outcomes (GLOs). To complete the GEC, select at least one course for each objective. Many courses will meet more than one objective, but a minimum of 40 distinct hours in the GEC is required.

1. Effective Written & Oral Communication

- a. Eng 100, 101 _____
- b. Eng 121 _____
- c. Fys 100, 150 _____
- d. Eng 100, 101 _____

2. Critical & Creative Thinking

- a. Eco 100, Phi 151, 152, Psy 100 _____
- b. Eco 100, Phi 151, 152, Pos 101, Psy 100, Soc 100 _____
- c. Eng 121 _____
- d. Art 103, 108, 120, 121, Eng 211 _____
- e. Art 107, Art/Eng 116, Eng 151 _____
- f. Eng 121 _____

3. Quantitative & Scientific Reasoning

- a. Mat 101, 117, 121, 131, 140, 201 or higher, Phy 153,154 ... _____
- b. Mat 101, 117, 121, 131, 140, 201 or higher, Phy 153,154 ... _____
- c. Bio 103, 104, 105, 112, 260, 261, 262, 300, Hpr 101 _____
- d. Chy 111, 112,122, 221, 222, Env 110, 120, 125, 201, 301, 302, 308, Gey 112, 114, Phy 153, 154 _____
- e. Bio 105, 112, 113, 260, 261, 262, Chy 111, 112, 122, 221, 222, Env 308, Gey 112, 114, Phy 153, 154 _____

4. Information Literacy

- a. Fys 100, 150 _____
- b. Eng 121 _____
- c. Phi 151, 152, Swk 202 _____

5. Global Consciousness & Intercultural Awareness

- a. Ant 100, 110, Geo 100, Soc 100, Swk 305, Wab 110, Wst 101 _____
- b. Hty 115, 116, 161, 162 _____
- c. Asl 101, Chi 101, 102, Fre 101, 102, 201, 202, Rus 101, Spa 101, 102, Wab 100, 105 _____
- d. Phi 151, 152, Pos 211, Swk 202 _____
- e. Pos 101, 211, 231 _____

SCIENCE REQUIREMENTS – 16 CREDIT HOURS

Bio 112 General Biology I	4
Chy 111 General Chemistry I	4

Program requirement:

Bio 261 Human Anatomy and Physiology I	4
Bio 262 Human Anatomy and Physiology II	4

PHYSICAL EDUCATION REQUIREMENTS – 18 CREDIT HOURS

Ath/Phe 101 Intro. to Athletic Training and Fitness Professional	3
Phe 265 Motor Learning	3
Phe 274 Structural Kinesiology	3
Phe 313 Psych/Sociology of Sport and Movement	3
Phe 381 Biomechanics	3
Phe 382 Physiology of Exercise	3

PHYSICAL EDUCATION ACTIVITY COURSES – 4 CREDIT HOURS

Phe 102 Developmental and Gymnastics Activities	2
Phe 166 Aquatic Activities OR	
Phe 174 Water Safety Instructor	2

Select an emphasis area:

FITNESS AND WELLNESS – 38 CREDIT HOURS

Ath 225 Strength Training Techniques and Conditioning	3
Ath 244 Techniques of Athletic Training	2
Ath/Phe 340 Acute Care of Athletic Injuries	3
Ath/Phe 342 Assessment of Upper Extremities/Lab	4
Ath/Phe 343 Interventions II	4
Bio 300 Human Nutrition	3
Phe 246 Assessment of Lower Extremities	4
Phe 375 Physiological Assessment	3
Phe 388 Practicum in Physical Education	3
Phe 487 Organization & Admin. of Athletic Training	3
Phe 496 Field Work Experience	9

SELF-DESIGNED (SEE YOUR ADVISOR)

SELECT GENERAL ELECTIVES TO BRING TOTAL EARNED HOURS TO 120:

Total credits required for degree: 120

Minimum cumulative GPA for graduation: 2.50

Cumulative GPA for major requirements: 2.50

Physical Education majors are required to take Bio 112 and Chy 111. These courses will fulfill the General Education Curriculum Quantitative & Scientific Reasoning requirement.