



**General Education Curriculum (GEC)**

Effective for students admitted: Fall 2008-Spring 2009

**Foundations of Knowledge and Learning**

Writing and Cultural Literacy 6 credits

- Eng 101 College Composition 3 \_\_\_\_\_
- Eng 201 Advanced College Composition 3 \_\_\_\_\_

Multicultural Experience 6 credits

- a. A world or indigenous language, or American Sign Language course 3 \_\_\_\_\_
  - b. A diversity and global issues course 3 \_\_\_\_\_
- See over for a list of courses fulfilling this requirement and see your advisor for guidance

Quantitative Decision-making 3 credits

- Mat 101, 131, 201 or higher level math course 3 \_\_\_\_\_

**Important additional GEC requirements:**

**Fulfilling the GEC:** The GEC requires a **minimum of 40 credit hours**. Please refer to the academic program for specific course requirements or recommendations regarding the GEC. Certain degree requirements may be met by informed choices within the GEC. Students should consult with their advisors to make the best choices for their needs and goals. Students changing majors may be advised to enroll for additional courses from the GEC to satisfy their new program requirements.

- **FYS 100 First Year Seminar** 1 \_\_\_\_\_

The First Year Seminar course is required of all students matriculating with fewer than 12 college credits, and must be completed in the student's first semester.

- **Writing Intensive Requirement** 3 \_\_\_\_\_

All students are required to take one course (beyond the initial composition sequence above) designated as writing intensive. These courses may be required courses in the major, existing general education courses, or free electives. See over for a list of writing intensive courses and see your advisor for guidance.

- **Technology Intensive Requirement** 3 \_\_\_\_\_

All students are required to take a course designated as technologically intensive. These courses may be required courses within a major, GEC courses, or free electives. See over for a list of technology intensive courses and see your advisor for guidance.

**Approaches to Learning**

Physical and Life Sciences 10-12 credits

a. Select two courses of scientific literacy; at least one must be a 4-credit lab science course. Choices include courses with the designators Bio, Chy, Env, Gey, Phy, or Sci

- Lab science course 4 \_\_\_\_\_
- Lab or non-lab science course 3-4 \_\_\_\_\_

b. Choose Option 1 for 4 credits or Option 2 for 3 credits

**Option 1:** Select one course in lifelong wellness and a one-credit lifelong wellness lab

- Hpr 101 or 201 Lifelong Wellness 3 \_\_\_\_\_
- Hpr 101L or 201L Lifelong Wellness Lab 1 \_\_\_\_\_

**Option 2:** Select Bio 300 or Rec 234 3 \_\_\_\_\_

Social Sciences 12 credits

a. Choose Option 1 or Option 2 for a total of 6 credits

**Option 1:** Select any two of the following historical analysis courses: Hty 115, Hty 116, Hty 161, Hty 162

**Option 2:** Select a 100-level history course and a subsequent 300- or 400-level history course for a total of six credits

- History course 3 \_\_\_\_\_
- History course 3 \_\_\_\_\_

b. Select two of the following social science courses for a total of six credits: Ant 100, Eco 100, Geo 168, Pos 101, Pos 211, Psy 100, Soc 100

- Social Science course 3 \_\_\_\_\_
- Social Science course 3 \_\_\_\_\_

Humanities and Fine Arts 6 credits

a. Select one of the following courses in literary writing, analysis, or philosophy: Eng 151, Eng 211, Phi 151, Hon 300

- Literary Writing course 3 \_\_\_\_\_

b. Select one of the following courses in visual or performing arts: Art 101, Art 102, Art 103, Art 107

- Visual or Performing Arts course 3 \_\_\_\_\_

Total credit hours earned in the GEC:

(a minimum of 40 hours is required)

|   |                      |
|---|----------------------|
| _____<br>Student name (please print)  | _____<br>Student ID# |
| _____<br>Director of Student Records' signature (required for official transcript analysis) | _____<br>Date        |

**Important Note to Students and Academic Advisors:**

GEC courses in the “Foundations of Knowledge and Learning” and “Approaches to Learning” may, in certain cases, fulfill requirements in multiple categories. For example, if a student selects PHI 151 as a GEC class, the course will fill *both* the “Literary Writing course” requirement under “Humanities and Fine Arts” *and* the “Diversity and Global Issues Course” requirement under “Multicultural Experience.” This can significantly reduce the total number of courses necessary to meet the distribution requirements in the GEC. However, **students must take a MINIMUM of 40 credits** of discrete course credit. (In other words, the total number of actual, individual courses must equal a minimum of 40 credit hours.)

**Diversity and Global Issues Courses\***

|         |  |
|---------|--|
| ANT 100 | Introduction to Anthropology             |
| ART 411 | Aesthetics                               |
| ENG 259 | Contemporary World Literature            |
| ENG 357 | 20th-Century British/Commonwealth Lit    |
| ENG 376 | Native American Narratives               |
| ENG 388 | Literary Theory and Critical Practice    |
| ENV 110 | Introduction to Environmental Science    |
| FRE 371 | Francophone Africa and Antilles          |
| HON 300 | Honors Seminar                           |
| HTY 302 | The Ancient World                        |
| HTY 313 | Early Modern Europe                      |
| HTY 370 | Topics in Non-Western History            |
| HTY 491 | Special Topic in Ancient History         |
| PHI 151 | Introduction to Philosophy               |
| PHI 152 | Ethics                                   |
| PHI 369 | Topics in Religion and Literature        |
| POS 201 | West European Governments                |
| POS 211 | Classic Political Thinkers/Modern Method |
| POS 371 | Modern Conflicts                         |
| POS 377 | Modern China                             |
| REC 400 | History and Philosophy of Leisure        |
| SOC 303 | Race, Class, and Power                   |
| SOC 335 | Social Deviance                          |
| SOC 375 | Sex and Gender                           |
| SWK 305 | Ethnicity and Multiculturalism           |

**Technology Intensive Courses\***

|         |   |
|---------|---|
| ART 231 | Computer Art I                                  |
| BUS 125 | Introduction to Business Computing              |
| BUS 205 | Accounting Research and Analysis                |
| COS 105 | Computer Programming                            |
| CRJ 125 | Introduction to Criminal Justice Computing      |
| EDU 261 | Educational Computing                           |
| ENG 212 | Journalism: News Reporting and Writing          |
| ENV 308 | GIS I – Fundamentals of GIS                     |
| ENV 408 | GIS II – GIS Apps and Advanced Spatial Analysis |
| PSY 311 | Research Methods I                              |
| PSY 312 | Research Methods II                             |

**Writing Intensive Courses\***

|             |  |
|-------------|--|
| BIO 300     | Human Nutrition                          |
| BIO/ENV 489 | Science Seminar                          |
| BUS 320     | Process of Management                    |
| BUS 489     | Business Policy and Strategy             |
| CRJ/SOC 358 | Domestic Violence                        |
| CRJ/SOC 372 | Police and Policing                      |
| CRJ/SOC 376 | Punishment and Correction                |
| CRJ/SOC 378 | Women and Crime                          |
| EDU 340     | Teaching of Writing                      |
| ENG 211     | Introduction to Creative Writing         |
| ENG 212     | Journalism                               |
| ENG 3XX     | Any 300 Level ENG Course                 |
| HON 300     | Honors Seminar                           |
| MAT 286     | Exploring Symmetry                       |
| MAT 312     | Geometric Structures                     |
| PHE/SOC 313 | Psych and Soc of Sport and Movement      |
| PHI 369     | Topics in Religion and Literature        |
| PHI 374     | Topics in Philosophy and Literature      |
| PHI 388     | Literary Theory and Critical Practice    |
| PSY/SOC 200 | Social Psychology (Ayre)                 |
| PSY 475     | History and Systems of Psychology        |
| REC 400     | History and Philosophy of Leisure        |
| REC 421     | Advanced Research Methods in Tourism     |
| SOC 308     | Urban Sociology                          |
| SOC 336     | White-Collar, Corporate, & Profess Crime |
| SOC 370     | Sociology of Law                         |
| SOC 400     | Social Theory                            |
| SWK 300     | Social Welfare Policy and Issues         |
| SWK 305     | Ethnicity and Multiculturalism           |
| SWK 315     | Social Work Practice I                   |

\*Some courses have prerequisites – consult MaineStreet Course Catalog for details