

# Physical Education, B.S. - Teaching

FOR CATALOG YEAR 2020-2021



At the University of Maine at Presque Isle, our goal is to ensure you can Finish in Four. In addition to a wide range of academic and student support efforts, we've set up this pathway, or map, for you; if you follow this recommended sequence, you will complete your Bachelor's degree in four years. Together, we can help you Finish in Four and turn your degree into a great career.

Please note that this is a scheduling aid, not a guarantee of specific course offerings each semester. Course availability varies depending on the date of enrollment, so please be sure to consult the appropriate catalog for official degree/program requirements and seek guidance regularly from your faculty and professional academic advisors.

[www.umpi.edu/academics/education](http://www.umpi.edu/academics/education)

## 1 FIRST YEAR FALL SEMESTER

UNV 101	University Experience*	2 credits	<input type="checkbox"/>
ENG 101	College Composition I*	3 credits	<input type="checkbox"/>
PHE 121	Team Activities -OR-		
PHE 122	Individual and Dual Activities	2 credits	<input type="checkbox"/>
EDU 152	Introduction to Education	3 credits	<input type="checkbox"/>
MAT 101	Basic Statistics*	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 13 CREDITS

## FIRST YEAR SPRING SEMESTER

PHE 102	Developmental and Gymnastic Activities	2 credits	<input type="checkbox"/>
PHE 123	Dance and Rhythmic Activities	2 credits	<input type="checkbox"/>
BIO 112	General Biology*	4 credits	<input type="checkbox"/>
HPR 101	Lifelong Wellness*	3 credits	<input type="checkbox"/>
PSY 100	Introduction to Psychology*	3 credits	<input type="checkbox"/>
EDU 153	Foundations of Education	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 17 CREDITS

## 2 SECOND YEAR FALL SEMESTER

BIO 261	Human Anatomy and Physiology I	4 credits	<input type="checkbox"/>
ENG 121	College Composition II*	3 credits	<input type="checkbox"/>
EDU 200	The Learner and the Learning Process	3 credits	<input type="checkbox"/>
PHE 121	Team Activities -OR-		
PHE 122	Individual and Dual Activities	2 credits	<input type="checkbox"/>
PHE 265	Motor Learning	3 credits	<input type="checkbox"/>
SOC 100	Intro to Sociology*	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 18 CREDITS

## SECOND YEAR SPRING SEMESTER

BIO 262	Human Anatomy and Physiology II	4 credits	<input type="checkbox"/>
REC 235	Outdoor Pursuits II	3 credits	<input type="checkbox"/>
PHE 274	Structural Kinesiology	3 credits	<input type="checkbox"/>
EDU 310	The Teaching Process	3 credits	<input type="checkbox"/>
GEC	General Education Course	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 16 CREDITS

## 3 THIRD YEAR FALL SEMESTER

PHE 381	Biomechanics	3 credits	<input type="checkbox"/>
ART 107	Experience of the Arts*	3 credits	<input type="checkbox"/>
PHI 151	Introduction to Philosophy*	3 credits	<input type="checkbox"/>
PHE 267	Teaching Elementary Physical Education	3 credits	<input type="checkbox"/>
GEL	General Elective	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

## THIRD YEAR SPRING SEMESTER

PHE 361	Technology for Physical Educators	3 credits	<input type="checkbox"/>
PHE 382	Physiology of Exercise	3 credits	<input type="checkbox"/>
EDU 387	Teaching Students with Special Needs in Inclusive Classrooms	3 credits	<input type="checkbox"/>
PHE 302	Teaching Secondary Physical Education	3 credits	<input type="checkbox"/>
GEL	General Elective	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

## 4 FOURTH YEAR FALL SEMESTER

PHE 480	Measurement and Evaluation of Phys. Ed.	3 credits	<input type="checkbox"/>
PHE 485	Organization/Administration of Phys. Ed	3 credits	<input type="checkbox"/>
EDU 395	Practicum in Teacher Education	3 credits	<input type="checkbox"/>
PHE 385	Adapted Physical Education	3 credits	<input type="checkbox"/>
GEL	General Elective	3 credits	<input type="checkbox"/>

SEMESTER TOTAL 15 CREDITS

## FOURTH YEAR SPRING SEMESTER

EDU 495	Student Teaching	12 credits	<input type="checkbox"/>
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SEMESTER TOTAL 12 CREDITS

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Total Minimum Credits Required for Degree: **121 credits**

\*Meets General Education Curriculum requirement