



University of Maine at
PRESQUE ISLE
North of Ordinary



American Red Cross

2022 Full Lifeguard Courses

\$225

10 participants for each class

May Class	June Class
Saturday and Sunday, May 21 and 22	Saturday and Sunday, June 18 and 19
9:00 am to 4:00 pm	9:00 am to 4:00 pm
Registration deadline is May 13	Registration deadline is June 10

Participants will need to demonstrate 3 prerequisite swimming skills:

1. 300-yard swim (6 Laps) using front crawl or breaststroke
2. Tread water for 2 minutes without using hands
3. Retrieve a 10-pound brick from the bottom of the deep end

If unable to complete the tasks, participants will not be able to continue.

***Both classes will require online work to be completed before the first class.
More information will be sent out once registered.***

To register, complete the [Registration/Waiver Form](#) and drop it off at Gentile Hall or mail it to:

**Gentile Hall
ATTN: Sloan Dionne
181 Main Street
Presque Isle, ME 04769**

If under 18, a parent will need to sign the registration form.

Proof of vaccination or a NEGATIVE COVID test that has been taken within 72 hours of the course will be required upon arrival for the lifeguard training.